



Time	Activity	Location	Notes
Saturday			
12.00-12.30	Players arrive and check into rooms		
12.45-13.45	Intro meeting (all)	Theatre	
13:45-15:00	Practice 1	Grass	
15.00-15.30	Players get changed, showered, downtime		
15.30-16.30	Film 1	English Classrooms	
16:30-16:45	Move to practice fields		
16:45-18:00	Practice 2	Grass	
18.00-18:15	Players get changed, showered, downtime		
18:15-18:45	Dinner	Dining hall	
18:45-19:30	Film 2	English Classrooms	
19.30-21.00	Leadership Event/Presentation from Rob Orr	Theatre	
21:00-22:00	Players socialise	Social areas	
22.00	Curfew		
Sunday			
06.30-07.45	Practice 3	Astro	Flood lights required
07:45-08:00	Players get changed, showered, downtime		
08.00-08:45	Breakfast	Dining hall	
08:45-09:00	Move to film rooms		
09.00-09:45	Film 3	English Classrooms	
09:45-10:00	Players walk to practice		
10:00-11:15	Practice 4	Grass	
11:15-11:30	Players get changed, showered, downtime		
11:30-12:15	Player Positional playbook meeting time	Social areas	
12.15-13.00	Lunch	Dining hall	
13.00-13:45	Film 4	English Classrooms	
13:45-14:00	Walk to practice		
14.00-15.15	Practice 5	Grass	
15.15-15.45	Players get changed, showered, downtime		
15.45-16.30	Film 5	English Classrooms	
16:30-17:15	Player down time	Social areas	
17.15-18.00	Team Dinner and Awards Ceremony	Dining hall	
18.00-18.15	Exit facility and bus pick up		